


# APRIL 2 - MAY 17

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	7:15-8:15am MIND & MUSCLE		7:15-8:00am BOOT CAMP		
8:30-9:30am TABATA & TONE	8:30-9:30am YOGA FLOW	8:30-9:30am BOOTY & CORE	Meet @ Visitor Centre 8:45-9:45am OUTDOOR ACTIVE	8:30-9:30am STRENGTH & STRETCH	
10:00-10:45am CHAIR STRENGTH	9:45-10:30am MEN'S FITNESS	10:00-10:45am CHAIR GROOVE	10:00-10:45am WALKING CLUB	10:00-10:45am CHAIR STRETCH	<b>POOL REGISTRATION</b>
11:00-11:30m *Lil' ATHLETICS		11:00-11:30am *Lil' Dance Club	11:00-11:45am JR. OUTDOOR ATHLETICS		<i>Enderby /Area F</i>
1:00-1:45pm BODY BALANCE	May & June	1:00-1:45pm OSTEO FIT	May & June		Sat. April 27 & Mon. April 29
	2:45-3:15pm *Lil' Ballet		2:45-3:15pm *Lil' Ballet		<i>All Communities</i>
3:30-4:15pm *JR. NINJA CLUB	3:30-4:15pm *JR. BALLET		3:30-4:15pm *JR. DANCE MIX		Starts Tues. April 30 <sup>th</sup>
			5:00-6:00pm FIT MIX		<i>Phone &amp; E-mail</i>
			6:30-7:30pm MARA YOGA		Starts May 1 <sup>st</sup>
					
<b>Rates</b>	<b>Drop-in</b>	<b>5x pass</b>	<b>10x pass</b>	<b>20x pass</b>	<b>April/ May Unlimited</b>
Senior Fit (60+)	\$6.00	\$30.00	\$54.00	\$100.00	\$95 / \$115
Adult Fit (18+)	\$7.00	\$35.00	\$63.00	\$110.00	\$125.00
<i>Spring Walking Club</i>		<b>FREE</b>	<b>Meet at the Visitor Centre</b>		
<b>Spring Program Registration</b>		<b>Starts March 12</b>			
Lil' Programs (3-5yrs)		\$40.00	<a href="http://www.enderbyrecreation.com">www.enderbyrecreation.com</a>		
Jr. Programs (6-12yrs)		\$50.00	250-838-2665		
			