



Winter RECREATION GUIDE 2026



SKATE KIDS

Indicator: 4
Date: 02/28/2026

4

- ☐ Run with cross sticks
- ☐ Skate backwards
- ☐ Skate forwards
- ☐ Skate sideways
- ☐ Skate with a partner
- ☐ Skate with a partner
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Signature: _____
Date: _____
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ICE PUPPY

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PENGUIN

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POLAR BEAR

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Winter Registration Opens November 25

Registration now

ONLINE

www.enderbyrecreation.com

250.838.2665 | RECREATION@ENDERBY.CA

John Pritchard Memorial Sports Complex

FREE PUBLIC SKATING

Bring the family down to enjoy the best ICE in BC!

Don't forget your helmets and warm mitts or gloves for the best experience.

Skates are required to be on the ice and strollers are allowed. (*No Shoes on the Ice)

January 4 to March 15

Sunday 4:30-6:00 pm

**Moved to 3:30-5:00 pm on Jan 18*

Tuesday & Thursdays 2:00-3:00 pm

Cancelled: Jan 1

Wednesdays 12:00-1:30 pm

Friday 3:30-5:00 pm

Cancelled: Jan 2 | Jan 9 | Jan 23 | Jan 30 | Feb 27 |

Mar 6 | Mar 13



Private

ARENA RENTALS

Book the Enderby Arena for your family event or special occasion. All rentals must have a signed contract and payment prior to the booking. Must be done 2 business days in advance.

Non-prime time is weekdays 9:00 am to 3:00 pm & Over the Christmas Holidays from Dec. 23 to Jan. 3

Prime Rate

Youth \$92.30/ Family \$99.75 / Senior \$120.95/ Adult \$167.70

Non Prime Rate

Youth \$46.70/ Family \$49.90/ Senior \$60.50 / Adult \$83.85

**prices are per hour & do not include taxes or insurance*

Arena schedule can be viewed at www.enderbyrecreation.com



Skating LESSONS

Mitts/gloves and properly fitting helmet required. Lesson descriptions available online

Learning to skate is an important fundamental movement skill to build physical literacy.

Our instructors provide a safe, fun learning environment for kids of all ages and the young at heart to learn and enjoy ice skating.

Time	1	2	3
3:00-3:30	Ice Puppies	Penguins	Polar Bears
3:30-4:00	Penguins	SK-1	SK-2
4:00-4:30	Ice Puppies	SK-3	SK-4
4:30-5:00	Huskies	SK-1	

Thursdays Jan. 8- Feb. 26
(8 sessions)

**Cost: \$65.00 for 30 minute classes
& \$100.00 for 45 minute classes**

All persons on the ice (adults included) must have a properly fitting helmet & skates



**Enderby
ICE HAWKS**

(4-12yrs with full equipment)

This popular program puts the FUN in Recreation Hockey. Players will participate in teamwork, skating enhancement drills, hockey skills and scrimmages — all under the supervision of Coaches and Community Volunteers. Players must have full equipment including CSA approved helmet.
(Jersey provided, but must be returned)

Winter Tuesdays Jan. 6- Feb. 24
(8 sessions)

Lil's (4-6yrs) 3:15-4:00pm Cost: \$65.00

Jr.'s (7-9yrs) 3:15-4:00pm Cost: \$65.00

Winter Wednesdays Jan. 7- March 11
(10 sessions)

Jr.'s (7-9yrs) 3:15-4:15pm Cost: \$85.00

Sr.'s (9-12yrs) 4:15-5:15pm Cost: \$85.00

Register Online : enderbyrecreation.com



Enderby & District Recreation

YOUTH PROGRAMS

Ages 3 to 5

Lil' Dance

Music and movement are fantastic for little bodies, and this program provides a variety of both. Let your little one sing, dance, clap, drum, and move to beats and rhythms that inspire laughter and imagination.

Wednesdays Feb. 4 – March 11
@ 11:00-11:30am

Where: Drill Hall

Cost: \$42.00 (6 classes)

Lil' Sports

(with comfy shoes & water bottle)

This program is a high energy 30min session that will have your pre-school child using games and play to improve their physical literacy skills that build self-esteem and confidence. Watch them run, jump, skip, throw, catch, and more to prepare them for future sports and an Active Life.

Tuesdays Feb. 3 – March 10
@ 11:30-12:00 noon

Where: Drill Hall

Cost: \$42.00 (6 classes)

Lil' Ninja

(with parent/guardian at the facility)

Check out this exciting program that will introduce your child to fun games and activities that encourage coordination, cooperation, body awareness and movement. They will enjoy stations and floor based obstacles to build on all physical literacy skills. Parents are encouraged to be available to assist their child as needed.

Tuesdays Feb. 3 – March 10
@ 10:50-11:20am

Where: Drill Hall

Cost: \$42.00 (6 classes)



DANCE

With Miss Taylor

Lil' Ballet

(3-5yrs with ballet slippers and long hair tied back)

This adorable program led by Miss Taylor will introduce your child to Ballet dance techniques in a fun and welcoming way. Each class will include stretching, jumping, twirling, balance moves and taking turns with fun props, songs and games.

Session I –Thursdays Jan. 29th – March 5th @ 2:45-3:15pm

Spring Break Camp – Tues -Thurs March 17-19 & 24-26 @ 11:00-11:30am

Cost: \$42 (6 classes) @ Drill Hall

Jr. Ballet

(6-9yrs with with ballet slippers and long hair tied back)

We are excited to offer the Jr. Ballet Dance program with Miss Taylor. This is a wonderful program to improve posture, flexibility, strength, grace and self confidence. Session I is for new or beginner Ballet students and Session II is designed to build on those skills for dancers with previous experience or who have completed a beginner session with Miss Taylor

Session I –Thursdays Jan. 29th – March 5th @ 3:20-4:00pm

Spring Break Camp – Tues -Thurs March 17-19 & 24-26 @ 11:30am-12:10pm

Cost: \$60 (6 classes) @ Drill Hall

Jr. Dance Mix

(9-12 yrs with indoor shoes and water bottle)

It is time to get a GROOVE ON with this exciting Dance Class that allows kids to build confidence and express themselves through music and movement. This program brings into play many different dance styles including Jazz, Hip Hop, Ballet, and offers a chance for dancers to express themselves with freestyle movement.

Session I –Thursdays

Jan. 29th – March 5th @ 4:05-4:45pm

Spring Break Camp – Tues -Thurs

March 17-19 & 24-26 @ 12:15-1:00pm

Cost: \$60 (6 classes) @ Drill Hall



Youth Yoga FOR ATHLETES



(12-18 yrs) with a yoga mat

Train your Mind & Strengthen your Body with this 4 part series for young athletes. Get the benefits of yoga training to improve flexibility, stability and body control with mental strength coaching woven into every class. Recovery focused movement to support peak performance

Tuesdays Feb. 3/10/17/24 @ 4:00-4:55pm Cost: \$30 (4 classes) @ Drill Hall

Red Cross

STAY SAFE & BABYSITTING COURSE

Stay Safe Course

(9-11yrs)

Participants learn about being safe when they are without the direct supervision of a parent, guardian, or trusted adult, both at home and in their communities.

Dates: Tues. March 17 (Spring Break)

Where: 9:30am-2:30pm @ Visitor Center

Cost: \$65.00 (5 hr course, includes Stay Safe Manual and Certificate)

Babysitting Course

(11-15yrs)

Participants will learn child care for babies, toddlers, pre-school and school aged children. They also learn first aid, injury prevention, leadership and even business skills to acquire babysitting jobs.

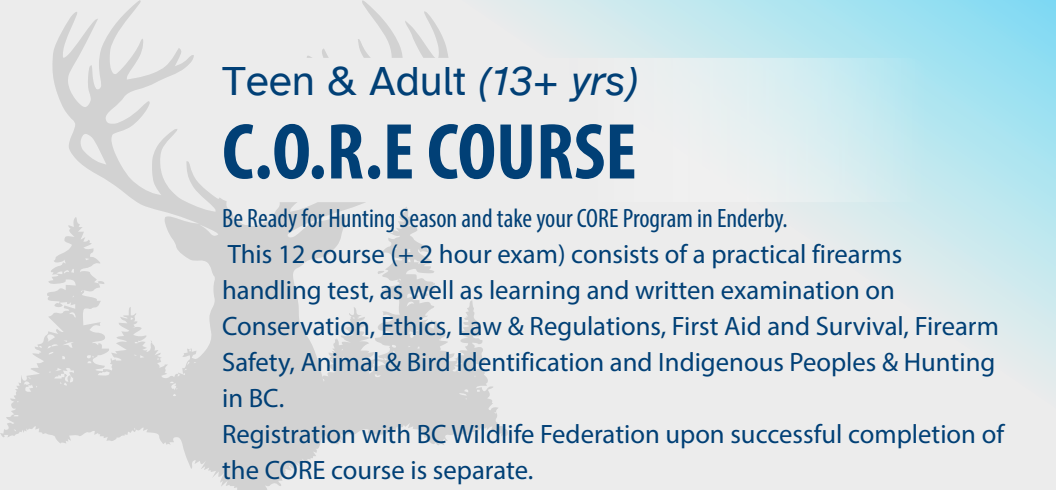
Dates: Wed. March 18 (Spring Break)

Time: 9:00am-3:00pm @ the Visitor Center

Cost: \$75.00 (6 hr course, includes Babysitter Manual and Certificate)



*"Be confident
leaving your child
home alone or caring
for others"*



Teen & Adult (13+ yrs)

C.O.R.E COURSE

Be Ready for Hunting Season and take your CORE Program in Enderby.

This 12 course (+ 2 hour exam) consists of a practical firearms handling test, as well as learning and written examination on Conservation, Ethics, Law & Regulations, First Aid and Survival, Firearm Safety, Animal & Bird Identification and Indigenous Peoples & Hunting in BC.

Registration with BC Wildlife Federation upon successful completion of the CORE course is separate.

Dates: Saturday & Sunday March 14 & 15 Time: 8:00am-5:00pm @ the Visitor Centre

Cost: Youth \$165.00 | Adult \$190.00 (12hr course, 2hr exam, includes Manual)

Now with 2 Groups

DROP-IN VOLLEYBALL

Stay Active this Winter with Friday Night Recreational Volleyball!

Join us for a FUN with friends and family in an energetic, good vibes setting. We have increased the time to allow for two groups and less time waiting on the side lines. Bring your clean (non-marking) shoes, water bottle and positive attitude for a great time on the court.

Dates: Fridays starting Jan. 9th @ A.L Fortune Gym (Not on Jan. 30 or Feb. 13)

Time: 6:00-7:15pm - Family & Youth (13+)

7:15-8:45pm - Adult & Teen (16+)

Cost: Students @ A.L.F are Free | Adult \$5.00



LINE DANCING FOR FUN

A detailed illustration of a cowboy hat and a pair of cowboy boots. The hat is a wide-brimmed fedora style, and the boots are classic cowboy boots with pointed toes and decorative stitching.

Kick up your heels at our lively line dancing class, featuring a mix of traditional steps and modern routines set to a variety of upbeat music. It's a fun, welcoming way to get moving, boost your fitness and enjoy a little Country Flair.

Dates: Fridays Feb. 6-13 Time 11:00-11:45am @ Drill Hall

Cost: \$42.00 (6 sessions) / Drop-in \$8.00

Schedule

JANUARY 5 TO MARCH 13

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				7:15-8:00 FIT FUSION		SPRING WELLNESS WORKSHOP & EVENT March 28th 7am -1:30pm *pre-registration required
	8:30-9:30 MIND & MUSCLE	8:30-9:30 TONE & STRETCH	8:30-9:30 BOOTY & CORE		8:30-9:30 PILATES	
	10:00-10:45 CHAIR STRENGTH	9:45-10:30 MEN'S FIT	10:00-10:45 CHAIR GROOVE	10:00-10:45 WINTER WALKING CLUB	10:00-10:45 CHAIR STRETCH	
		*10:50-11:20 Lil' Ninja	*11:00-11:30 Lil' Dance		*11:00-11:45 LINE DANCE FOR FUN starts Feb. 6 th	
	 BC Family Day Mon. Feb. 16 th	*11:30-12:00 Lil' Sports				For Arena Rentals Call 250-838-BOOK (2665)
	1:15-2:00 BODY BALANCE		12:00-1:30 PUBLIC SKATING			
		2:00-3:00 PUBLIC SKATING	1:15-2:00 OSTEO FLEX	*1:00-2:15 MINDS IN MOTION		
				2:00-3:00 PUBLIC SKATING		
		*3:15-4:00 LIL' & JR. ICE HAWKS	*3:15-5:15 JR. & SR. ICE HAWKS	*2:45-4:45 DANCE PROGRAMS (see guide for Days and times)		 Recreation Services <i>Exclusivity Of Districts</i> <i>Our Place to Play</i>
3:30-5:00 PUBLIC SKATING		*3:55-4:55 TEEN YOGA For SPORTS		*3:00-5:00 SKATING LESSONS		
		5:00-5:55 PILATES FUNDAMENTALS		5:00-5:55 BARRE BLEND		
	6:00-7:00 FIT MIX @ A.L.F.				6:00-8:45 DROP-IN VOLLEYBALL @ A.L.F. 2 age groups	

Pricing

FITNESS CLASSES

	Single Time	10x Pass	20x Pass	Season Pass	Jan 5- Mar 27	Mar 30-May 15
Senior (60+)	\$6.50	\$58.50	\$105.00	SR Chair	\$175.00	\$100.00
				SR All Classes	\$250.00	\$135.00
Adult (18+)	\$8.00	\$72.00	\$130.00	ADULT	\$310.00	\$175.00

Classes can be dropped into unless specified that pre-registration is required.

Discounts for participants 80+ and 90+ (Please let us know)

Fitness passes can be used for all regular scheduled classes

Spring Break Schedule

MARCH 16 TO 27, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
	<i>March 17th</i> 9:30am-2:30pm <i>*Stay Safe Course</i>	<i>March 18th</i> 9:00am-3:00pm <i>*Babysitting Course</i>		
8:30-9:30am CIRCUIT BREAKER	8:30-9:30am YOGA	8:30-9:30am CARDIO BOOTY & CORE	8:30-9:30am <i>Mar.19 - Fit Testing</i> <i>Mar.26 - Step & Jump</i>	8:30-9:30am PILATES
	9:45-10:30am MEN'S FIT		9:45-10:30am MEN'S FIT	
10:00-10:45am CHAIR STRENGTH		10:00-10:45am CHAIR GROOVE	10:00-10:45am WALK CLUB	10:00-10:45am CHAIR STRETCH
	Tues./ Wed./Thurs. Between 11:00am- 1:00pm <i>*Spring Break Dance Camps</i> (3 age groups offered)			
1:15-2:00pm BODY BALANCE		1:15-2:00pm OSTEO FLEX	T	
Spring Program Registration is ONLINE www.enderbyrecreation.com				

Land FITNESS CLASSES

MONDAYS

MIND & MUSCLE

(moderate to high intensity)

This is an excellent program to get in tune with your body. A different muscle group is targeted each week with a focus on creating a strong mind to muscle connection, using proper form, technique & breath for the best results.

8:30-9:30am (Drill Hall)

FIT MIX @ A.L. FORTUNE

(moderate to high intensity)

Enjoy a blend of fitness styles and exercises with everything from strength stations, to cardio, toning and stretching. Find your Monday Motivation!

6:00-7:00pm (A.L. Fortune School Gym-upstairs)

CHAIR –STRENGTH

(mild to moderate intensity)

A Fun & Functional mix of seated and standing moves, this class has exercises and equipment that works your whole body to promote flexible joints, good posture and maintaining muscle.

10:00-10:45am (Drill Hall)

BODY BALANCE

(mild intensity)

This program focuses on fall prevention exercise that builds confidence in balance, mobility and strength. Each class has a gentle warm up, group activities and functional stations that work on gait, muscle retention, and balance.

1:15-2:00pm (Drill Hall)



Land FITNESS CLASSES

Continued....

TUESDAYS

TONE & STRETCH

(moderate intensity)

This is a full-body workout that blends strength with flexibility and will focus on improving muscle balance, increasing range of motion and sculpting lean, toned muscles.

8:30-9:30am (Drill Hall)

MEN'S FITNESS

(Moderate intensity with modifications)

The Men's only class returns! This program is designed to build confidence in participating in an exercise program that includes strength training, mild cardio and flexibility / mobility moves for the whole body.

9:45-10:30am (Drill Hall)

PILATES "FUNDAMENTALS"

(moderate intensity with modifications)

A Pilates program focused on the core fundamentals of movement, helps you build a strong foundation in form, control, and alignment. Designed for beginners or anyone seeking a slower, more mindful pace to their practice.

5:00-5:55pm (Drill Hall)

WEDNESDAYS

BOOTY & CORE

(moderate to high intensity)

A class for sculpting and strengthening your abs, back, booty and leg muscles with an added FUN FACTOR! It's time to define and transform with body weight and resistance training drills that target the booty and core.

8:30-9:30am (Drill Hall)

CHAIR –GROOVE

(mild to moderate intensity)

Connect mind to muscle and let the music move you. Try the simple and fun choreography to inspire both seated and standing full body movement exercises that also help with memory and mood.

10:00-10:45am (Drill Hall)

OSTEO-FLEX

(mild intensity)

Join Zoe for exercise, education, connection in this falls prevention program for individuals with osteoporosis, low bone density or who are at risk of fractures and falls. This class includes cardio conditioning, balance and agility practices and "osteo safe" resistance training with weights and bands.

1:15-2:00pm (Drill Hall)

THURSDAYS

FIT FUSION

(moderate to High intensity)

Fit Fusion is a dynamic early morning class that blends a variety of fitness styles, from strength and cardio to mobility and core work, keeping your routine fresh and effective. Each session introduces new exercises & formats to challenge your body and boost motivation, making it the perfect start to your day.

Thursdays 7:15-8:05am (Drill Hall)

BARRE

(Moderate to High intensity)

Barre blends elements of ballet, Pilates and strength training for a full body workout. With small controlled movements and upbeat energy, it helps improve posture, flexibility and muscle tone for all fitness levels.

5:00-5:55pm (Drill Hall)

WINTER WALK CLUB

(self-guided, walking poles & good grip shoe recommended)

A FREE Winter Walking Club where you can meet your friends (and bring your 4- legged friends) to take a brisk and adventurous stroll through Enderby & Area. Join our steps & KM challenge to see how far you will travel in.

10:00am (meet at the Information Center)

*MINDS IN MOTION

*(*Preregistration required and participants must have a caregiver participate)*

Minds in Motion* is a fitness and social program for people living with any form of early-stage dementia along with a family member, friend or other care partner. The program is offered in partnership with the Alzheimer Society of B.C. Gentle exercises are followed by social activities designed to be enjoyed in pairs.

1:00-1:45pm Fitness (Drill Hall)

1:45-2:15pm Games and Social time

Cost: \$60/ Pair (GST included)

****registration ONLINE**

FRIDAYS

PILATES

(Moderate to High intensity)

This exercise program is designed to challenge both mind and body while building core strength, flexibility, and body awareness. With a focus on controlled movement and breath, each session invites you to explore your potential and move with intention. Bring your curiosity and discover what your body can do!

Fridays 8:30-9:30am (Drill Hall)

CHAIR –STRETCH

(Mild to Moderate intensity)

Here is a great class to finish the week. Enjoy both seated and standing exercises designed to improve posture and joint mobility followed with breathing and stretching exercise that will care for your range of motion and enhance relaxation.

10:00-10:45am (Drill Hall)



Up Coming EVENTS



POLAR BEAR PLUNGE

While Cold plunges have many physical and medical benefits – our Polar Bear “Dip” is more of a New Year’s challenge that you may have wanted to check off your bucket list. Come with suit or light clothing you can get wet and a housecoat or warm clothes to put on after. Stay to warm up and enjoy hot beverages in the Visitor Center afterwards.

All participants will be required to sign an activity waiver form

Friday Jan. 2 @ 10:00am (meet at Visitor Center)

COST: Donation for Food Bank

FAMILY DAY

February 16

This year we have moved the event to the afternoon to attract more families!

Join us at the John Pritchard Memorial Sports Complex for Free Fun Family Activities brought to you by Enderby & District Recreation Services in partnership with Enderby Curling Club, Enderby & District Community Resource Center & your Local Tim Horton's

ACTIVITIES:

Arena

1:00-1:45pm - Family Shinny

(must have helmet, shin pads, gloves and stick)

1:45-3:00pm - Family Skating

(must have skates – helmets strongly recommended)

Curling Rink

1:00-2:45pm - Crafts & Games – Upstairs in

Curling Lounge

1:00-2:45pm - Try Family Curling

(must have clean indoor shoes- some equipment available)

Diamond #3 Spectator area (*weather permitting)

1:00-2:00pm - Build a Snowman

(please bring your own snowman items)



January 24-31 Free Family Events sponsored by Enderby & District Recreation Services

Tues. Jan. 27 - Shinny Hockey 2:00-3:00pm & Arena
(1/2 ice Shinny and 1/2 ice skating)

Thurs. Jan. 29 – Storybook Skate 2:00-3:30pm @
Arena during Public Skating time

SPRING WELLNESS Workshop & Event

Join us for our 2nd annual Spring Wellness Workshop event. Planning is still underway, but mark your calendar for a day dedicated to health, movement, and community connection!

Spring into wellness and Bloom into a healthier you!

Date: Saturday March 28th

Time: 7am-1:30pm

